



Welcome to the YSS NCR eNewsletter's January 2017 edition!

Warm Greetings for New Year 2017! This is the Centenary year of the Foundation of *Yogoda Satsanga Society of India*, and several programmes have been scheduled throughout the year. We share with you glimpses from the last quarter of 2016, and give a preview to the year 2017:

UPCOMING PROGRAMMES

- Group Retreat at Noida Ashram: *Balancing Activity with Meditation* (Feb. 4-5)
- YSS Gurgaon Kendra starts special reading session of 'Autobiography of a Yogi' every Sunday after the Satsanga
- **NOIDA SANGAM 2017: Register ONLINE by clicking [here](#)**

RECENT EVENTS and GLIMPSES FROM 2016

- Special Centenary Janmotsav celebrations at YSS Noida Ashram ([Read reports in English and Hindi](#))
- YSS Centenary launched at Press Conferences in Delhi and Noida
- 26-hour Long Meditation conducted at YSS Noida Ashram
- ART OF GIVING: YSS-supported Paramahansa Yogananda Swarna Bal Vatika children hand over savings to Swamiis for YSS charitable work
- Memorial Service for Swami Anandamoyji conducted at Noida and Delhi
- Special Satsangas by YSS monastics at Noida, Delhi and Gurgaon
- Swami Ishwaranandaji addresses National Tariff Commission officers and staff; conducts a guided meditation session
- YSS meditation techniques reviewed at Delhi and Gurgaon Kendras
- IN PICS: Children Satsanga programmes at YSS Delhi; Christmas celebrations at YSS Gurgaon; Janmotsav celebrations at Children Sunday Satsanga of YSS Noida Ashram
- YSS NCR CHARITABLE ACTIVITIES: YSS-supported Ghaziabad slum school renovated; Delhi Kendra celebrates with Salam Balak Trust kids; Winter wear donated to Paramahansa Yogananda Swarna Bal Vatika children; Free Dental Clinic for the underprivileged at YSS Delhi Kendra

Upcoming Programmes

**GROUP RETREAT:
Balancing Activity with Meditation (Feb. 4-5)**

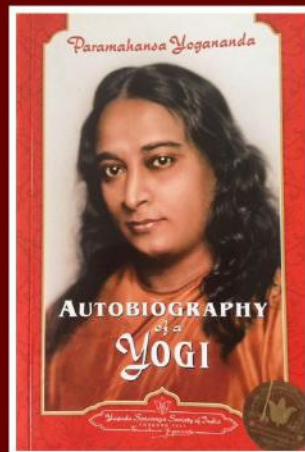


Retreat classes in English

Group retreat on 'Balancing Activity with Meditation' is scheduled at YSS Noida Ashram from February 4-5, 2017. Classes for this group retreat will be conducted in English. [Register by clicking here.](#)

Reading from Guruji's 'Autobiography of a Yogi' on Sundays

***Reading of 'Autobiography of a Yogi'
in the Centenary year of YSS***



Sundays, 11.30 am to 12 noon at YSS Gurgaon Kendra

YSS Gurgaon Kendra has started a special reading of 'Autobiography of a Yogi' in the Centenary year, beginning January 15, 2017. This session conducted after Sunday Satsanga from 11.30 am to 12 noon, has been attended and appreciated by several devotees. [For directions to Gurgaon Kendra, click here.](#)

Register ONLINE for Noida Sangam 2017

Devotees who do not require accommodation in YSS Noida Ashram during the Sangam (February 28 - March 5, 2017) may register online by [CLICKING HERE](#). Online payment facility for registration fee is available at this link. Registered devotees may avail of meal facility at the ashram during the Sangam.

Special Centenary Janmotsav Programme at YSS Noida Ashram on Jan. 5



January 5, 2017 was celebrated in Noida Ashram not only as Gurudeva Sri Sri Paramahansa Yogananda's 124th birth anniversary but also as the commencement and curtain-raiser to the Centenary Celebrations of YSS. [For more, CLICK HERE.](#) (To read this report in Hindi, [CLICK HERE.](#)) YSS Delhi and Gurgaon Kendras also celebrated Janmotsav through special programmes on January 8, 2017.

YSS Centenary launched at Press Conferences in Delhi and Noida



Curtain-raiser press conferences were conducted by YSS at Delhi Kendra and Noida Ashram to launch its' Centenary celebrations. Members of YSS Board of Directors, Swami Ishwaranandaji and former Indian Ambassador Sri K N Bakshi addressed the press on the special activities planned through the period of January 1, 2017 to March 22, 2018. [To read press reports, CLICK HERE.](#)

New Year's Eve, Janmotsav and Centenary celebrated with 26-hour Long Meditation at YSS Noida Ashram



Annual Day of Paramahansa Yogananda Swarna Bal Vatika (PYSBV)

'In being of spiritual, mental, and material service to others, you will find your own needs fulfilled. As you forget self in service to others, you will find that, without seeking it, your own cup of happiness will be full.'

- Sri Sri Paramahansa Yogananda

PYSBV children handed over a collection of their savings to YSS Swamijs for use in charitable activities of Gururji's organisation as a token of their gratitude for the support they have received from Yogoda Satsanga Society of India over the years. [For more, click here.](#)



**Paramahansa
Yogananda
Swarna
Bal Vatika**

Memorial Service for Swami Anandamoyji conducted at Delhi and Noida



YSS Noida Ashram

Swami Hiteshanandaji conducted the memorial service for Swami Anandamoyji at Noida Ashram on September 25. It was attended by around 250 devotees. Swami Vasudevanandaji shared his experiences and impressions of Anandamoyji during his recent stay at the Mother Centre (Self Realisation Fellowship) in USA. One of the senior devotees, who had the privilege of meeting Anandamoyji, also shared how our SRF Swamiji would convey Guruji's teachings to the devotees in a simple way to help their understanding.



YSS Delhi Kendra

Around 240 devotees attended the memorial service for Swami Anandamoyji conducted by Swami Lalitanandaji at Delhi Kendra on September 25. Lalitanandaji reminisced the blessings he received from Anandamoyji during his Kriya initiation ceremony. He emphasized that rather than an occasion to feel sad it was an opportunity to offer heartfelt prayers of goodwill and peace to the soul which has progressed to a higher realm. Some devotees shared experiences of their interaction with Anandamoyji.

Special Satsangas by YSS Monastics at Noida Ashram and Gurgaon Kendra



Swami Shraddhanandaji gave a satsanga at Noida Ashram on December 4 which was attended by around 300 devotees. He shared stories from Swami Anandamoyji's life and his own experiences to inspire devotees on the spiritual path. He encouraged them to participate in ashram retreats 'to be alone with God.'

Swami Suddhanandaji conducted satsanga at Gurgaon Kendra on October 3. Around 60 devotees attended the programme. Swamiji gave a talk on the importance of service to Guru's work and the blessings one receives from God and Gurus when one does selfless service to others. Earlier, on September 20, Swami Amaranandaji had conducted a satsanga at Gurgaon Kendra.

Swami Ishwaranandaji conducts Guided Meditation for Officers and Staff of National Tariff Commission



Guided Meditation by Swami Ishwaranandaji at National Tariff Commission

Swami Ishwaranandaji and Brahmachari Vinayanandaji distributed awards to winners of the *Hindi Pakhwada* organised by the National Tariff Commission at its New Delhi office. Smt. Smita Chugh, (Member Secretary, Tariff Commission) had invited the YSS monastics for this special programme in October 2016 which included guided meditation, chanting of Gurudeva Sri Sri Paramahansa Yoganandaji's *Cosmic Chants*, reading from His literature, and a Question and Answer session with Swami Ishwaranandaji. The programme saw enthusiastic participation from the officers and staff of the Tariff Commission.

Review of YSS meditation techniques at Delhi and Gurgaon Kendras



Hundred devotees attended YSS Energization Exercises and Hong-Sau review classes at YSS Gurgaon Kendra which were conducted by Swami Lalitanandaji and Brahmachari Dhairyanandaji on October 16. It was followed by a lively question-and-answer session as well as counselling.

At a similar session in Delhi Kendra, Swami Lalitanandaji and Brahmachari Dhairyanandaji conducted technique review classes attended by 75 students.



IN PICS: Christmas celebrated by Children Satsanga at YSS Delhi Kendra





Christmas celebrations at YSS Gurgaon Kendra



Charitable Activities at YSS Delhi and Noida Ashram

YSS Delhi Kendra celebrates Diwali with SBT kids



On the occasion of Diwali, volunteers from Delhi Kendra visited an NGO - Salam Balak Trust (SBT) which works for underprivileged children. The volunteers interacted with the children and around 140 packets of sweets and *namkeens* were distributed among these children. It was a satisfying experience to have celebrated Diwali this way with the SBT children.

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Winter wear distributed to PYSBV children at Noida Ashram



At the onset of winters, YSS Noida also distributed winter wear to the underprivileged children of Paramhansa Yogananda Swarn Bal Vatika. It was so satisfying to see the joy on children's faces after receiving winter wear.

Children Satsanga prepares Greeting Cards for Gurudeva's Janmotsav



YSS-supported Ghaziabad slum school renovated

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YSS Noida Ashram helped renovate the rundown premises of Dharamvati Devi public school, a small charitable primary school in Ghaziabad slums. The maintenance department of YSS Noida Ashram carried out the repairs.

Free Dental Services offered to underprivileged at Delhi Kendra



A charitable dental clinic has been in operation at YSS Delhi Kendra for over a year. Operating thrice a week, the clinic which is equipped with modern equipment provides free dental services to the needy and underprivileged people of nearby localities.

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